

WINTER 1990

South Western Road Club

SPONSORED BY EVANS CYCLES WOKING

Hi

Hopefully you will all be getting your copies of the newsletter before Christmas. Since the last issue a large number of club members attended the Dinner and Dance to commemorate the 60th Anniversary. We hope that all who attended had a good evening, and hope to see you all again at the 61st.

On Sunday 16th December there is to be a club christmas tea. This has been organized by David Wright, and is to be held at the Pampus Tea Rooms in Ripley. As the tea is not until the afternoon, there will be a run before hand, please contact David for details.

There is to be another Cycle Jumble. It will be held on Saturday 26th January 1991, In Thames Ditton Youth Centre Mercer Close, Giggs Hill Green, Thames Ditton, Surrey. Doors open at 10am, stalls will be £5 and buyers entry will be 50p. If you require any further information please contact Brod on 081 979 6112.

Last and very important Your help is needed at Shirley Hills on Sunday 13th January 1991. If you don't already know as a club we are running the Veterans National Cyclo Cross Championships. Anyone who fancies an early start will be welcome to help map the course out, but must be there at 8.00am. But the majority of you will be needed at 10.30am to marshall at the first event, which will be for Juveniles, with the Veterans beginning at 2.30pm. This is being run in the clubs name, and hopefully we will be able to keep up our record of good promotions, so please if you are available to help, contact either Brian Wareham on 081 337 4977 or Ray Robinson on 071 731 2326

If any of you have anything you would like to contribute to the newsletter, please pass it to either myself or Phil Parkinson Jnr. Have a good Christmas, hope to see as many of you as possible at the Cyclo Cross.

All the best for the festive season.

Caroline

Wishing you
a very Happy Christmas
and a Prosperous New Year



SHIMANO
NATIONAL VETERANS
CYCLO - CROSS
CHAMPIONSHIP

Sunday 13th January 1991

**Shirley Hills Cafe,
Shirley Hills Road,
Croydon, Surrey.**

Juveniles - 11.30 am
Seniors, Juniors,
Mountain Bikes - 12.30 pm
Under 12's - 2.00 pm
Veterans Championship - 2.30 pm

**A South Western Road Club /
Evans Cycles Woking Promotion**



EVANG



1 Guildford Road, Woking, Surrey GU22 7PX
Telephone: (0483) 723876 Fax: 0483 722338

AND NOW A MESSAGE FROM YOUR SPONSOR

Seriously folks, this will be a regular feature where I will hope to keep you up to date with all the latest equipment and clothing available, plus Special Offers open to club members only.

On the racing front, being in at the deep end, some more in depth news and gossip will also be a feature, along with a calender of forthcoming events in which the club could enter 'teams'. We missed out on several team awards this year by not having a third man. We proved at the end of the season that we can do it. It is good for the club and great publicity for 'Evans'.

And now I'll begin. Firstly with the "Big" news regarding the Invitation Hilly Time Trial. This was a resounding success as those of you who were there or have read the post race reports in "Cycling" can gather. (Many thanks for all of you who turned out in force to help). You will have read the report in Cycling, November 8th page 27, regarding the B.C.F. wanting a time trial to end the Star Trophy competition. I can confirm that our event has been chosen to be that Time Trial in 1991. Not only will it be the final round of the Star Trophy but also the Junior Peter Buckley, Womens Jo Burton and Vets Peter Fryer series. The course is to be confirmed, (we are hoping for 2 laps of a course which climbs Coldharbour!) and there is also the possibility of a 'large sum of cash sponsorship' coming from the B.C.F.

Cannondale

Just to scotch any rumors/story's Cannondale are not directly sponsoring the club, but offering substantial discounts, ie. 25% off any clothing, accessories, frames or complete cycles to all club members. They have also offered 10 race frames for sale at cost price (approx £150, normal retail £460) to club members. If you are interested, contact me now before they all go. As an extra bonus they don't have to be paid for until the end of 1991!

Cannondale offers 1990 Team Jackets £64.95 only £32
1991 " " £99.95 only £69

New items in stock

Oakley Mumbo Glasses (as used by Lemond in 1990 Tour)

rrp £59.95 std lense - Club price £50.00
£79.95 Ridium Lense - " " £67.95

Adidas Merckx Pro Shoes

rrp £69.95 Club price £59.95

Alexa Fluorescant Yellow Thermal Tops

rrp £49.95 Club price £40.00
(see Graham Jones for Printing!)

STAR BUY

CAT EYE Cordless Computer

rrp £74.95 offer price £49.95 Club price £42.95

Arriving soon

New Specialized Hard Shell Helmets

rrp £49.95 Club price £42.95

(as worn by Bauer in 1990 Tour in Black or Red)

and don't forget, any work needed on your bikes, contact the shop,
talk to myself, Bob or Lee. Also, need any new wheels building road
or time trial, contact Bob at the shop.



EVANS



1 Guildford Road, Woking, Surrey GU22 7PX
Telephone: (0483) 723876 Fax: 0483 722338

"How would you like to spend the weekend in France for your birthday treat?"

Now that time has mellowed my initial reactions, (speaking as a very unfit non-cyclist!) I can look back with a sort of fondness to that weekend in September when we journeyed to La Belle France for le weekend.

Not your average weekend in France by any means. We decided on an early start - not being an early riser, getting up in the dark in summer time is very early to my way of thinking! Anyway it would mean a good long day the other side of the Channel to do a bit of sight-seeing and a chance to do the all important shopping. So we duly arrived at Dover Saturday morning to meet John, Jenny and Dennis in plenty of time to unload the bikes, get the cars parked and catch the early Ferry. As we entered the terminal building I heard that Dennis had not got his Passport with him (Hoping perhaps you don't need one for France any more!?)

Gone are the days of simply obtaining a weekend Passport at the Docks. These days it means a trip to the local post office complete with recent photos etc. Since this meant waiting till it opened at 9 o'clock we waved goodbye to Dennis, agreeing he would meet the rest of the gang catching the 10.30 ferry, and we would see them all later at the hotel. Unfortunately time had not stood still while all this was being discussed, and we cycled up to the ferry just in time to see the gates being closed!! Would you believe it, after all that effort - breakfast in the Welcome Break Cafe at Dover Docks!!

We eventually caught the next ferry along with all the others, including Dennis (complete with passport, and totally unaware that we had not caught the earlier boat) and arrived in France lunchtime. Having been given the directions to the hotel, the first thing I encountered is a hill (more of a molehill to you cyclists, but a mountain to me and my baggage!) So the group aiming for this particular hotel got very split up. Thank goodness for Jenny. She accompanied me in the uphill push on foot. (Lynn had obviously been training as she kept up with the lads!!)

We finally arrived at the hotel - well what can I say - it was ...different. Our bed was held up in one corner by a couple of bricks, the shower was 'condemed' and the loo upstairs was something else!! However the sheets were clean, the water hot and the meal that evening quite enjoyable.

Having had a freshen up we went for a drink in the nearby cafe and a few of us decided to take the bus back into town for an afternoon walkabout. (fear of 'the hill' put me off cycling back).

It was a very pleasant afternoon spent wandering around Bolougne. Up the top of the hill around the cathedral in the old part of the town it was really picturesque, the sun came out and it was all very relaxing.

As I said the evening meal was good. The vin plonk flowed and there was a lot of reminiscing about 'the good old days of biking'. Toby, Duncan, David and I went for a stroll around the square after supper and retired to our beds at a sensible hour (unlike some who managed to prop up the bar until the early hours!)

Sunday was my birthday and when I arrived at the breakfast table I found lots of cards and messages of good wishes for the day (I needed it!). Some of them had obviously been written during the drinking session the night before!! So anyway we all had Bucks Fizz with breakfast, much to the confusion of the Madame of the hotel, and set off down the road. The weather could have been better, but it wasn't actually raining so I cannot really complain.

I thought the scenery around Bolougne was lovely. It is very easy to arrive at the docks and rush on down south without realising what nice countryside there is a few yards out of town. I did the ride with David, Toby, Duncan, John and Jenny. Jenny kept me company once more on the uphill bits, while David and John did a few diversions to keep themselves occupied! (We did go at a bit of a snails-pace). Toby and Duncan took the whole thing in their stride as if it was nothing unusual, actually their main interest was to stop at each shop en route to see if they had any bangers for sale (the firework variety).

The checkpoints were a pleasure because it meant a coffee and a break. The second one served barbecued food with a selection of wine. I did find it quite hard to get going again after that one! I did enjoy the ride and coasting down some of the hills was great fun, although I couldn't keep up with 'the boys' even going flat out! The rest - well it was enjoyable, and very good for me, although I was a bit of a zombie for about half an hour at the finish. David knew I was knackered when I didn't want to cycle into town to help get the Duty Free! We stayed to watch the prize presentation, mainly because it was somewhere to sit, then made our way leisurely back to the docks to catch the ferry home.

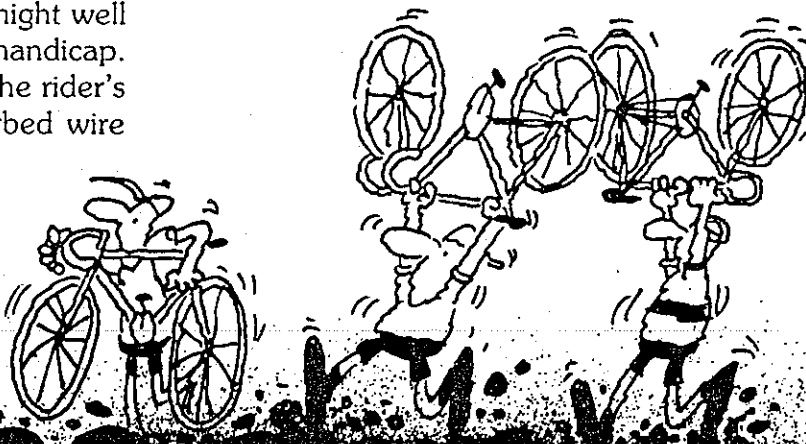
As for next year - I did hear a rumour that the short ride is going to be even shorter - sounds good to me!!

Penny Wright

From the DUFFERS Guide to
CYCLING

① Cyclo-cross (or how to get injured in the off-season)

Mud is important in cyclo-cross. There are at least fifteen miles of it stretching over two mountain ranges and a golf course between the start and the finish. Watching the semi-submerged entrants swim past holding their bikes above their heads, the duffer might well consider the cycles something of a handicap. But he would be wrong: the bike is the rider's essential mobile leg-up over the barbed wire fences spaced at intervals in the never-ending mud.



BARRY PACKMAN Hilly Trophy Award

LEE FLEMING 3rd Cat. Road Race Trophy

BILL & MARGARET SQUIRREL
Most Meritorious Performance Trophy

PHILIP PARKINSON (Jnr.)
&
STEVE GOWAR 2-UP Series Award

CARL DAVIES Junior Hill Climb
Silver Standard Medal 10 (24.26)
Bronze Standard Medal 25 (1.03.59)

DENNIS McKEOWN Veterans Hill Climb

BILL SQUIRREL Bronze Standard Medal Tandem 10 (26.36)

ROBERT SQUIRREL Bronze Standard Medal 50 (2.16.33)

DAVE KEWELL Club Handicap Award (3/5/90)

GRAHAM JONES Club Handicap Award (31/5/90)

DAVE WRIGHT Club Handicap Award (8/8/90)

STEVE HAMMOND Club Handicap Award (22/8/90)

SWRC / F.W Evans Cycles (Woking)

ANNUAL REPORT 1990

The club entered 1990 on a slightly different basis to its previous 59 years having taken on a sponsorship from John Oakes of FW Evans Cycles in Woking. New jerseys, shorts and other clothing arrived as we geared up for our Diamond anniversary year.

In January, Ray Robinson and Brian Wareham promoted the annual cyclo cross at Shirley Hills in Croydon. It was a well attended event and many club members were out on the day to help. Shimano again put up a good prize list and as a result of this excellent race (and those that have gone before) we were invited to tender and will now be running The National Veterans cross championships in January 1991.

Bill & Margaret Squirrell organised a cycle jumble in late January which proved very popular and seems also to have become an annual event for the club. Bill & Margaret also looked after the 59th annual reunion in February at the Surrey Hills Hotel where members gathered for a Sunday lunch and prize presentation.

The clubs training weekend to Bournemouth had 23 members participating staying overnight with an 85 mile ride each day in glorious spring sunshine. This was sandwiched between the opening race of the year; our two-up series which had 11 teams of two competing and saw Phil Parkinson (junior) and Steve Gowar win.

In two separate evenings members at the clubroom enjoyed Barry Hoban speaking about his racing career and Tony Doyle and Russell Williams, the two Ever Ready professionals, talking about their racing, training and bicycles.

Ray and Brian promoted a Surrey League event on behalf of the club in April and our open road race sponsored once again by Shimano, both around the Ewhurst circuit. These were very successful races with good fields and plenty of spectators at the finish outside the Parrot pub in Forest Green.

Charlie Bayliss had a few problems in June in organising the Open 10 at Dorking. These were overcome although the smallish field was a disappointment.

The clubs randonnee from Esher to Portsmouth and back in conjunction with the UBI had a reasonable entry with many club members competing. It was a wet day though and rained for several hours. This was followed by a weekend in France for 11 clubmen and 2 women on the Paris to Rouboix randonnee. Special mention should be made of Dave Wright in his comeback year, Leo Speck, Ken Dolman and both Annie Potter and Caroline Schouten who all got round. Dave Lucas went to France to ride in the Tom Simpson randonnee over the famous Ventoux climb.

In a similar mode, those with lesser ambition but equal determination attacked the London to Brighton ride for the British Heart Foundation.

On the time trial front, John Oakes rode consistently well and broke the club 25 record with 54-57. John won the club BAR championship in addition to fastest rides at 10, 25 and 50 miles. Leo Speck took the Screwed Down trophy but walked away with the Junior BAR after a year interrupted by exams. Leo also broke the club junior 25 record with 57-12. Duncan Wright rode a few time trials in his first year and was rewarded with the Schools Championship. Several open events were won by club members during the year. Phil Parkinson (Senior) won the Vets trophy

by a good margin and took the Bill Reed Memorial trophy for good measure. There was a good sprinkling of personal bests throughout the year and several standard medals were won. The club events programme was well supported with Paul Cannon winning the Points trophy and Charlie Bayliss the Handicap award.

Road racing activity was consistent throughout the year if not spectacular. Steve Gowar had a difficult season with illness but rode well enough most of the time to win the Senior road race title. Lee Fleming won the 3rd cat road race trophy after several placings. Mark Langham, Brian Wareham, Tony Fantham and Ray Robinson were amongst those who rode the Surrey League whilst Dave Wright, Dave Jordan, Robert Squirrell and Barry Packman rode the Age related veterans series. The club assisted Barry on one event with his initial promotion which proved a great success to those riding in the Surrey area. Regretfully neither the schoolboy or junior championships was awarded.

Track racing suffered during the year with the loss of Paddington and although the club had offered to promote a meeting at Herne Hill, organisation problems at the track end caused this to be abandoned.

In July the club had a birthday tea party in the garden of Phil Parkinson at Ewell. It was a pleasant day with good weather and 70 people helped celebrate 60 years.

In the autumn, a number of club members went to Boulogne for a randonnee weekend: a "family" weekend on a relaxed non-competitive circuit enjoyed by all.

Our invitation Hilly time trial exceeded all expectations in October and gave the club (and its sponsor) great publicity. A quality field with most of the countries well-known names including Chris Boardman and Graeme Obree faced an undulating 50km course. Boardman came out on top over Obree and Simon Lillestone. John Oakes must take credit for putting the field together and providing a tremendous prize list (over £1500). Bob Squirrell ensured plenty of marshalls were out. We hope that the event will grow in the years to come and already bigger and better proposals are in the pipeline for 1991.

In September Steve Douce and Barry Clark, cyclo cross experts and national champions, along with Bob Arnold their mechanic spent an evening talking at the clubroom giving advice on Cyclo cross and its facets.

Steve Gowar came home first in the club hill climb championship over West Hanger Hill near East Clandon while Duncan Wright beat his elders in the speed judging contest. Club runs continue to be well supported and mountain bike rides are flourishing as this new side of the sport develops very rapidly.

Tony Fantham triumphed in a roller racing competition held at the club room as the social season set in. Caroline and Phil put together 3 club magazines with contributions from many different sources during the year.

At the close of the year, the club celebrated its 60th annual reunion returning to a Saturday night dinner dance which was well received in particular by the younger members and Dennis McKeown! Mick Aycliff spoke and Les Wareham replied for the club in a memorable evening. Bill and Margaret stepped down from their position as social events organisers and were awarded The Most Meritorious Performance award for their support within the club over a number of years.

11.12.90

Philip Parkinson Hon. General Secretary

SOUTH WESTERN ROAD CLUB

BALANCE SHEET - 31st OCTOBER, 1990

	1990		1989	
	£	£	£	£
FIXED ASSETS at nominal values				
Trophies and album	1,000		126	
Clubroom and racing equipment, watches etc.	100		231	
	---	1,100	---	357
PREMIUM BOND		10		10
CURRENT ASSETS				
Stock of clothing	-		128	
Debtors and payments in advance	185		195	
Cash at bank	691		520	
	-----		-----	
	876		843	
Less Sundry creditors	472		251	
	-----	404	-----	592
		-----		-----
		1,514		959
		=====		=====

REPRESENTING

Accumulated fund at 1st November, 1989	959	780
Revaluation of fixed assets	743	-
Add surplus (less deficit) for the year	(188)	179
	-----	-----
	1,514	959
	=====	=====

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st OCTOBER, 1990

INCOME			
Subscriptions	883	506	
Donations	14	80	
Cycle Jumble	136	-	
Social activities	95	158	
	---	1,128	744
EXPENDITURE			
Racing activities	694	13	
Clubroom	200	(103)	
Affiliation fees	137	123	
Printing, stationery etc.	131	175	
Insurance	40	40	
Depreciation	-	106	
Clothing	114	211	
	---	1,316	565
		-----	-----
SURPLUS (DEFICIT) for the year	(188)		179
	=====		=====

BILL REED MEMORIAL 22KM T.T.

SUNDAY 9TH SEPTEMBER

1990

RESULT

<u>POS</u>	<u>NO</u>	<u>NAME</u>	<u>1st lap</u>	<u>STANDARD</u>	<u>ACTUAL</u>
1st	11	PHIL PARKINSON	21-43	+ 5.27	42-57
2nd	17	DENNIS MCKEOWN	21-35	+ 4.45	42-42
3rd	15	BARRY PACKMAN	18-31	+ 4.14	36-34
4th	5	DAVE WRIGHT	20-23	+ 2.13	41-05
5th	16	JOHN BROMLEY	21-57	+ 1.31	43-11
6th	10	BOB SQUIRRELL	20-49	+ 27secs	40-39
7th	13	PAUL CANNON	20-30	- 1.03	40-39
8th	14	BOB MAYLIN	22-44	- 1.56	44-38
9th	2	GRAHAM JONES	23-55	- 2.03	47-06
10th	3	TERRY ANDERSON	20-45	- 2.24	41-30
11th	4	CHARLIE BAYLISS	23-23	- 2.41	45-59
12th	19	KEN DOLMAN	21-17	- 3.00	42-06
13th	7	PHIL SEARS	32-50	-13-35	54-23(Puncture)

ON TIME

<u>POS</u>	<u>NO</u>	<u>NAME</u>	<u>ACTUAL</u>	<u>TROPHY POINTS</u>
1st	15	BARRY PACKMAN	36-34	10
2nd	10	BOB SQUIRRELL	40-39	9
=	13	PAUL CANNON	40-39	9
4th	5	DAVE WRIGHT	41-05	7
5th	3	TERRY ANDERSON	41-30	6
6th	19	KEN DOLMAN	42-06	5
7th	17	DENNIS MCKEOWN	42-42	4
8th	11	PHIL PARKINSON	42-57	3
9th	16	JOHN BROMLEY	43-11	2
10th	14	BOB MAYLIN	44-38	1
11th	4	CHARLIE BAYLISS	45-59	-
12th	2	GRAHAM JONES	47-06	-
13th	1	DUNCAN WRIGHT	47-42	-
14th	7	PHIL SEARS	54-23	-

D.N.F. BILL SQUIRRELL(PUNCTURE), PAUL HICKS ??,

D.N.S. GRAHAM BROMLEY, DAVE JORDAN(BAD BACK) DAVE PINDER,

THANKS TO DAVID SQUIRELL(TIMEKEEPER) PHIL PARKINSON(JNR) GRAHAM BROMLEY,
DAVE & SIMON JORDAN FOR MARSHALLING.

ALPS 1991

SUGGESTED ITINERY

DEPART Saturday June 15th 22nd or 29th
SATURDAY 08:00 Hovercraft (or 07:30 ferry) Dover/Calais
leave Calais approx 10:00 French time

Drive, Calais, Paris, Lyon, Grenoble Bourg D'oisans (565 miles)

NB. about 530 miles of journey is on autoroute. Total driving time should be about 8-9 hours. Allowing for stops we should arrive Bourg D'oisans at about 8pm.

SATURDAY TO TUESDAY NIGHT: Hotel at Bourg D'Oisans

WEDNESDAY & THURSDAY NIGHT: Hotel at Guillestre

FRIDAY Leave Guillestre at about 4pm and drive back via Briancon to Grenoble, Lyon to a hotel in Ville France (175 miles)

SATURDAY Drive Ville France, Paris Calais (450 miles 6-7 hours)
Hovercraft at about 5pm.

MAPS Michelin Sheet 77 (and 8) for Part of Thursday ride)

APPROXIMATE COST (based on 4 sharing a car)

Hovercraft	60.00
Petrol/Tolls/AA 5 Star	60.00
Hotel/Dinner/Bed/Breakfast	140.00
Lunches/Drinks	70.00

£330.00

SUNDAY

(easy day to recover from journey down)

Bourg D'oisans north on N91 towards Grenoble

SECHILIENE	22km	22km
left D114 up climb to La Morte (1360m)	13km	35km
continue on D114 through La Valette to La Mure	24km	59km

LUNCH IN LA MURE

Leave La Mure by D114 D26 D526 to Valbonnais	14km	73km
D526 through Le Perier to Col D'Ornon (1367m)	20km	93km
D526, N91 to Bourg d'oisans	14km	107km

MONDAY

(Glandon, Croix de Fer (and L'Alpe d'Huez))

Bourg D'Oisans north on N91 to Rochetaille	7km	7km
Right on D526 to Col Du Glandon (1924M)	27km	34km
D927 to La Chambre	22km	56km
Right on N6 to St Jean du Maurienne	9km	65km
Lunch D926 to Col de la Croix de Fer (2068m)	32km	97km
D526, N91 to Bourg D'Oisans	34km	131km

(The fit amongst us could finish up L'Alpe D'Huez

TUESDAY

(Villard de Lans and the Vercors)

Drive North on N91 Towards Grenoble to park at

Le Pont de Claix (49km)

Le Pont de Claix, D106 to St Nizier 8km 8km

left on D106 up climb to Lans-En-Vercors 22km 30km

D531 to Villard de Lans 8km 38km

D531 Descend Gorges de la Bourne to Pont En Royans 24km 62km

LUNCH D518 Climb up Gorges des coulets to

Les Barragues en Vercors 13km 75km

D103,D531 to Villard de Lans 23km 98km

Return to Car Via St Nizier and Claix 30km 128km

(for those not so fit a shorter ride is possible)

WEDNESDAY

(Alpe D'Huez and Galibier)

Ride up L'Alpe D'Huez (1860m) 13km 13km

Return for LUNCH 13km 26km

Drive south on N91 to Park at top of Col Du Lautaret

Ride up Col Du Galibier (2647m) and descend 1km to
cafe 8km 34km

Return to car 8km 42km

(there is a longer ride for the fit ones)

Drive to Guillestre for 2nd hotel

THURSDAY

(Col De Vars)

Guillestre east to N94 4km 4km

south to St Clement D994 Baratier 23km 27km

N94 Savines le Lac D954 to Lauzet - Ubaye 33km 60km

D900 Barcelonnette 21km 81km

LUNCH D900 to Jausiers, D900 D902 to St Paul 22km 105km

D902 Col Du Vars (2111m)	8km	111km
D902 to Guillestre	19km	130km

FRIDAY
(Casse Deserte and Col D'Izoard)

Leave Guillestre on D902 up Combe du Queyras	17km	17km
D902 Casse Deserte to Col D'Izoard (2361m)	15km	32km
D902 to Briancon LUNCH D36 to Prelles	8km	61km
Cross N94 to D4 to Les Vigneaux	8km	69km
D994 D138 D38 Parallel to N94 to Guillestre	29km	102km

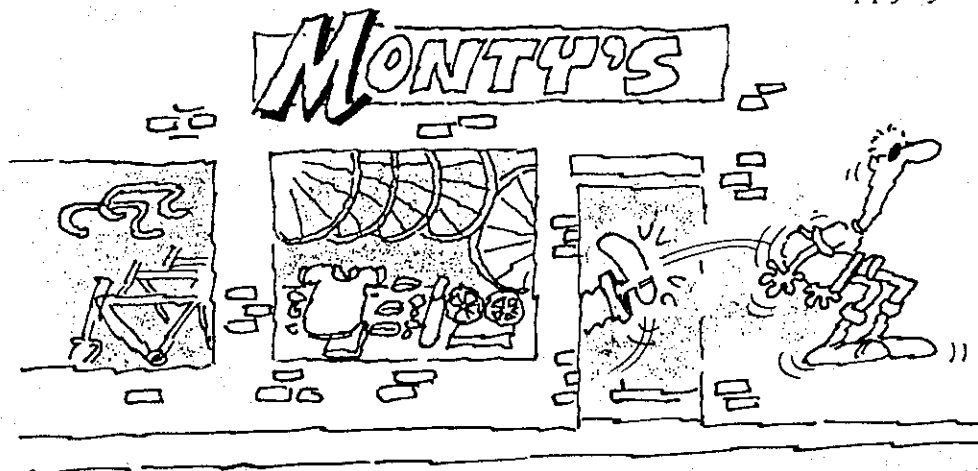
If anyone is interested in going this trip, please contact Dave Lucas on 0372 50154

A Final Word

...of advice about cycle shops. On no account should a duffer enter the proper kind – the sort where they build the bikes in the back and sell everything from NASA-developed flywheels to Kendal Mint Cake in the front with not so much as a whiff of furry seat covers or anything else to do with motorists.

If a duffer should inadvertently penetrate such an establishment its staff will immediately guess his identity and act to protect the real cycling fraternity – and indeed, humanity in general – by making sure he never gets out again. You have been warned.

Happy cycling!



Happy Christmas