

Rider	Time	mph	Date	Event	Course	Winner	Time	Notes
<b>10 Mile TT</b>								
<b>Mens Individual</b>								
Ray Ward	24.26	24.557	Summer 1967					
Bob Simmons	23.26							
Bill Squirrell	23.21	25.696	11 September 1976	Glade CC 10	E8			P Parkinson (Jur.) Punt & recorded 23:29
Ray Ward	23.10	25.899	Summer 1977					
Tony Fantham	22.51	26.258	Summer 1978					
Steve Gowar(Jr.)	22.40	26.471	09 June 1979	San Fairy Ann 10	Q10/19	M. Vowles	21.07	88" Fixed C. Parkinson 22.53 P. Bradley (Jnr) 22.03
Colin Parkinson(Jr.)	21.56	27.356	08 September 1979	Clarence Invitation 10	G213	R. Hughes	21.07	Sboy,Jnr,Individual and Trike records broken
Colin Parkinson	21.52	27.439	15 August 1981	Sydenham Whs. 10	Q10/19	N. Lilley	20.08	S.Gowar 22.18
Colin Parkinson	21.10	28.346	05 September 1981	De Laune 10	Q10/19	D Lloyd	19.11	Comp Record S Yates 2nd 19.48
Roger Hammond**	19.49	30.278	Summer1995		G10/57	R. Hammond	19:49	Steve Elms (E Grinstead CC) 21:34 2nd
<b>Team</b>								
P.Parkinson/P.S.Parkinson/S.Gowar 24.23 / 25.43 / 25.19	1.15.25		28 August 1975	Sydenham Whs.	Q10/2	R.Beale	21.42	
W.Squirrell/P.Parkinson/S.Gowar 23.21 / 23.29 / 24.??	1.11.??		11 September 1976	Glade CC 10	E8			
C.Parkinson/A.Parkinson/P.Jones 21.56 / 23.01 / 23.16	1.08.13		08 September 1979	Clarence Invitation 10	G213	R.Hughes	21.07	Clarence 1st 1.6.38
C.Parkinson/S.Gowar/P.Parkinson 21.52 / 22.18 / 23.07	1.07.17		15 August 1981	Sydenham Whs. 10	Q10/19	N. Lilley	20.08	2nd Team beaten By SERC 1.06.03
C.Parkinson/S.Gowar/M.Shoesmith 21.10 / 21.33 / 22.38	1.05.21		05 September 1981	De Laune 10	Q10/19	D Lloyd	19.11	All P.Bs on comp record day
<b>Tandem</b>								
M.Fraser/A. Fraser	22.10	27.068	Summer1997					
<b>Junior (under18)</b>								
Phil.D Parkinson	23.29	25.550	11 September 1976	Glade CC 10	E8			
Steve Gowar	22.40	26.471	09 June 1979	San Fairy Ann 10	Q10/19	M. Vowles	21.07	88" Fixed C. Parkinson 22.53
Colin Parkinson	21.56	27.356	08 September 1979	Clarence Invitation 10	G213	R. Hughes	21.07	B. Smallwoth (Jr) 21.07
C. Davis(**)	21.53	27.418	Summer 1991					
<b>Juvenile (under16)</b>								
Phil D Parkinson	25.41	23.361	05 July 1975	Redhill CC 10	G5/11			Beat Phil (Snr) by 1 sec who won the Vets on Std.
Phil D Parkinson	25.32	23.499	02 August 1975	Brentwood 10	E8	LeSurf(Sboy)	25.05	
Phil D Parkinson	24.23	24.607	28 August 1975	Sydenham Whs 10	Q10/2	R.Beale	21.42	Fastest in Club that year
Steve Gowar	23.41	25.334	02 July 1977	Becontree Whs 10	E8r	Marmon(Sboy)	22.41	4nd
Steve Gowar	23.21	25.696	27 August 1977	Glade CC 10	E8	M.Pyne	21.42	C.Parkinson 23.39
A.Parkinson	23.01	26.068	08 September 1979	Clarence Invitation 10	G213	R.Hughes	21.07	1st Schoolboy
<b>Women</b>								
G Burrows	30.15		Summer 1950					
Caroline Schouten	24.57	24.048	Summer 1988					
Ruth Hutton**	23.55	25.087	Summer 1996					
Ruth Hutton**	23.26	25.605	Summer 1999					
<b>Trike - Single</b>								
W. Squirrell	25.08	23.873	08 September 1979	Clarence Invitation 10	G213	R.Hughes	21.07	Sboy,Jnr,Individual and Trike records broken
<b>Trike - Tandem</b>								
W. Squirrell/Bob Squirrell	24.44	24.259	Summer 1991					
* Before Club Records								
** After Aero Bars/Disc Wheel								

## 25 Mile

Rider	Time	mph	Date	Event	Course	Winner	Time	Notes
<b>25 Mile Time Trial</b>								
<b>Mens Individual</b>								
C. F Mulliner	1.05.08	23.030	Summer 1945	Inter Club Charlot/Wes				
Phil Parkinson	1.03.17	23.703	01 August 1948	NCU - BOB 25				
Frank Brighty	1.03.01	23.803	08 May 1949	De Laune 25				PS Parkinson 1.3.25
Phil Parkinson	1.02.57	23.828	30 June 1950	Club Event		Phil Parkinson	1.02.57	Only held record for a week
P Russell	1.02.26	24.026	06 July 1950	Herts & Essex 25				
Ollie Davis	1.00.49	24.664	06 July 1952	Club H'cap 25				
Graham Collins	59.47	25.091	Summer 1954	Houndslow 25	H1			First rider inside the hour (6th o/a)
Ian Jewell	56.50		Summer 1969					P.Jones 58.52 1.9.79???
C.Parkinson	56.55	26.354	29 August 1981	Finsbury Park CC 25	F2	N. Lilley	53.53	3rd o/a 2nd imp.
Paul Jones	???							
John Oakes	54.57	27.298	Summer 1990					
Roger Hammond**	51.52	28.920	Summer 1996					
C.Parkinson**	50.46	29.550	27 September 2008	BDCA 25	A25/11	Barry Charlton	49.14	50 commuted to 25 on the day because of roadworks
<b>Tandem 25 Mile TT</b>								
Bill Squirrell/Bob Squirrell	56.??		05 June 1976	??				
P.D. Parkinson/S. Gowar	55.11	27.182	29 April 1978	SWRC Middlemarkers 25	H24	P.East	1.00.53	
<b>Tandem 25 Mile TT (Mixed Pair)</b>								
M. Frazer / A. Frazer	55.51	26.858	Summer 2000					
<b>Team 25 TT</b>								
O. Davis/F.Brighty/P.Russell	3.07.34		20 July 1952	Bellingham Whs. 25				
1.1.28 / 1.2.37 / 1.3.29								
C.Parkinson/S.Gowar/P.D.Parkinson	2.59.18		29 August 1981	Finsbury Park CC 25	F2	N. Lilley	53.53	2nd Team by 1 sec to Leicester RC
56.55 / 1.00.28 / 1. 01.55								
P.Jones /C. Parkinson/S.Gowar	2.57.38		21 August 1983	SWRC Open 25	H25/3	E. Atkins	55.57	1st Team
57..55 / 59.32 / 1.01.11								
<b>Junior 25 Mile TT (under18)</b>								
Steve Gowar*	59.40	25.140	01 July 1979	Dragon CC 25	H90/A	? Bowen	55.05	88" Fixed C. Parkinson 1.01.25
C. Parkinson*	59.38	25.154	01 September 1979	SWRC Open 25	H24	A.Bircombe	55.04	Held record for half an hour
Paul Jones*	58.52	25.481	01 September 1979	SWRC Open 25	H24	A.Bircombe	55.04	
Simon Boorer	56.13	26.682	Summer 1987					
<b>Juvenile 25 Mile TT (under16)</b>								
Alan Parkinson	1.01.20	24.457	01 September 1979	SWRC Open 25	H24	A.Bircombe	55.04	
<b>Women</b>								
Sheila Warner	1.10.38		Summer 1961					
Caroline Schouten	1.02.32	23.987	Summer 1988					
Ruth Hutton**	59.50	25.070	Summer 2006					
<b>Trike - Single</b>								
W. Squirrell	1.04.20	23.316	Summer 1979					
* Before Records								
** After Aero Bars/Disc Wheel								

30 Mile

Rider	Time	mph	Date	Event	Course	Winner	Time	Notes
<b>30 Mile TT</b>								
<b>Mens Individual</b>								
Phil S Parkinson	1.15.25	23.867	15 August 1948	Club 30		Phil S Parkinson	1.15.25	
Phil S Parkinson	1.15.10	23.947	09 August 1953	Redmon CC 30				
Colin Parkinson	1.04.32	27.893	05 June 1982	Hertfordshire Whs. 30	E72	Colin Parkinson	1.04.32	2nd H/cap Fastest in country this year 2nd P.D. Parkinson 1.08.27 1st H/cap
<b>Tandem 30 Mile TT</b>								
P.Parkinson/O.Davis	1.05.35	27.446	08 September 1949	Old Portlians CC 30				
<b>Trike - Single</b>								
W. Squirrell	1.25.47	20.983	Summer 1960					
* Before Club Records								
** After Aero Bars/Disc Wheel								

Rider	Time	mph	Date	Event	Course	Winner	Time	Notes
<b>50 mile TT</b>								
<b>Mens Individual</b>								
Ollie Davis	2.11.43	22.776	08 August 1948					
P.S. Parkinson	2.09.46	23.118	31 July 1949	Gainsford 50				2nd Hcap O Davis 2.10.22 3rd Hcap 1.21 inside Rec
Frank Brighty	2.07.37	23.508	03 August 1952	Gainsford 50				
Ollie Davis	2.06.56	23.634	17 August 1952	Dunlop Cup				Only held record for half an hour
Frank Brighty	2.06.42	23.678	17 August 1952	Dunlop Cup				
Ollie Davis	2.06.19	23.750	16 August 1953	Addiscombe 50				3rd
George Gilleland	2.03.31	24.288	Summer 1961	SW London Combine				84" Fixed
John Bromley	2.03.03		Summer 1963					
Colin Parkinson	2.01.46	24.637	16 August 1981	Southend & Co. Whs.	E72	M.Pyne	1.50.56	
Colin Parkinson	2.00.09	24.969	20 September 1981	SWRC Open 50	H50/12	C.Pugh	1.57.12	3rd o/a S.Gowar 5th 2.4.14 1st Team (see below)
Colin Parkinson	1.57.21	25.565	12 June 1982	Finsbury Park CC 50	F1	I. Cammish	1.45.??	Double wheelchange at 25m + slow punt
Colin Parkinson	1.55.21	26.008	28 August 1983	Colchester Rovers 50	E72	R. Bradley	1.52.??	
Dave Williams**	1.53.58	26.323	Summer 1994					
Paul Alderson**	1.53.35	26.412	02 July 2006	SCCU 50	G??	Tim Mardell	1.47.58	
Colin Parkinson**	1.53.28	26.439	10 June 2007	Finsbury Park CC 50	F1	A. Proffitt	1.45.49	12 hrs. after 21.07 (P.B.) 10 the prev evening
Colin Parkinson**	1.51.50	26.826	27 August 2007	...@3crg 50	P885/50	K.Dawson	1.42.24	
Colin Parkinson**	1.51.31	26.902	22 September 2007	Yorkshire RC 50	V259	K.Dawson	1.44.00	
Colin Parkinson**	1.48.39	27.612	31 May 2008	API 50	E2/50	Nik Bowdler	1.39.02	J Thomas 1.53.45
Colin Parkinson**	1.48.04	27.760	08 August 2009	BDCA 50	A50/6a	Nik Bowdler	1.40.01	Change of course day before! The 2 lap version
Colin Parkinson**	1.47.52	27.816	06 August 2011	BDCA 50	A50/6	Jeff Jones	1.39.08	Etwall to Blyth Br.
<b>Team</b>								
P.S.Parkinson/F.Brighty/N Denning	6.42.21		12 June 1949	Combine 50				
2.12.46 / 2.14.41 / 2.14.54								
J. Denmark/C.Parkinson/S.Gowar	6.33.25		20 May 1979	Essex Roads 50	E8	Pete Hamilton	2.2.12	Jim & Steve crashed at R,abouts in rain
2.07.51 / 2.12.14 / 2.13.10								
C.Parkinson/S.Gowar/G.Parsons	6.22.31		20 September 1981	SWRC Open 50	H50/12	C.Pugh	1.57.12	
2.00.09/2.4.14/??/??/??								
C.Parkinson/P.D.Parkinson/S.Gowar	6.06.34		15 August 1982	S.borough & Dist. Whs.	E72	Martin Pyne	1.51.55	1nd Team
2.00.12 / 2.02.55 / 2.03.17								
C.Parkinson/S.Gowar/A.Parkinson	6.03.??		28 August 1983	Colchester Rovers 50	E72	R. Bradley	1.52.??	2nd Team Surrey Roads 1st
1.55.21 / 1.58.?? / 2.10.??								
<b>Tandem 50 TT</b>								
???	1.55.28	25.982	??	??				
P.Parkinson/O.Davis	1.52.39	26.631	02 July 1950	Archer RC 50				
P.Parkinson/O.Davis	1.51.27	26.918	Summer 1953			Comp Record	01:46:17	A E Ayton & H J Edwards (Eagle RC)1952
<b>Womens</b>								
Caroline Schouten	2.14.00	22.388	Summer 1988					
<b>Juniors (under18)</b>								
Colin Parkinson	2.12.14	22.687	20 May 1979	Essex Roads 50	E8	Pete Hamilton	2.2.12	Part of Team Record (above)
<b>Trike - Single</b>								
W. Squirrel	2.20.58	21.282	Summer 1979					
* Before Club Records								
** After Aero Bars/Disc Wheel								

## 100 Mile &amp; 12Hr.

Rider	Time	mph	Date	Event	Course	Winner	Time	Notes
<b>100 Mile Time Trial</b>								
<b>Mens Individual</b>								
C. F Mulliner	4.52.36	20.506	24 June 1945	SWLC 100				
P.S.Parkinson	4.36.13	21.722	21 August 1949	Westerly 100				
Frank Brighty	4.34.32	21.855	17 August 1952	Westerly 100				
Ollie Davis	4.25.17	22.617	08 August 1954	West London CA 100				
George Gilleland	4.23.03	22.809	Summer 1967/73	Bath Road Club 100				
Steve Gowar	4.08.58	24.100	17 July 1983	Westerly RC Nat.Champs.	H100/12	I Cammish	3.39.03	P.B. '50' at half dist
Steve Gowar	4.03.44	24.617	Summer 1984					
Paul Alderson**	3.57.21	25.279	Summer 2006			Paul Alderson?	3.57.21	
Colin Parkinson**	3.51.11	25.953	08 September 2007	Team Swift 100	V278	C.Ruebotham	3.43.27	A near 9 min beating of previous best
Colin Parkinson**	3.45.55	26.558	06 September 2008	Team Swift 100	V278	Barry Charlton	3.32.23	Charlton fastest 100 of the year
<b>Tandem 100 Mile TT</b>								
H.C Fry/ W. Mordan	4.10.48	23.923	Summer 1935					
<b>Women</b>								
Caroline Schouten	4.56.42	20.222	Summer 1998					
<b>Trike - Single</b>								
R. Mortford	5.18.50	18.819	Summer 1942					
<b>12 Hour TT</b>								
Jimmy Dabbs	237.50	19.750	18 July 1954	SWRC Open 12				
Brian Morrison	247.70	20.583	28 August 1955	West London CA 12				First above 'evens' (2nd o/a)
Paul Alderson**	255.58	21.250	Summer 2002					
Colin Parkinson**	267.33	22.250	29 July 2007	Elmet CRC 12 Hr (Nat. 12)	V12(Rev)	K.Dawson	291.49	7th o/a and 1st 45-50 age related/100 M. 4.12.30
Colin Parkinson**	276.50	23.040	26 July 2009	Elmet CRC 12 Hr	V12(Rev)	C.Ruebotham	285.08	3rd o/a Barry Charlton 281.61(2nd)
Colin Parkinson**	281.63	23.460	14 August 2011	Breckland CC	B12/3	Jeff Jones(Comp Rec)	305.51	A Bason also breaks with 302.71 but 30 min later in Nati
<b>Tandem 12 Hour TT</b>								
E.T.Knows/F.J.Portch	244.63	20.333	Summer1936					
<b>Trike - Single</b>								
W. Squirrell	208.00	17.333	Summer 1960					
<b>24 Hours TT</b>								
Bill Squirrell	401.68	16.708	Summer 1967					
Paul Alderson**	431.83	18.000	23 July 2005	National Championship 24		Nik Gardiner	493.08	8th o/a 100m 4.29.49 12 Hr. 229.70
<b>Trike - Single</b>								
W. Squirrell	357.00	14.875	Summer 1963					
<b>Portsmouth and Back - Solo</b>								
A.E.Olding	6.26.07		Summer 1937					
Phil Parkinson	5.41.25		01 September 1952					4 riders went for this record in 1950 over the same w/e
<b>Ports'm &amp; Back - Tandem</b>								
P.Parkinson/O.Davis	5.06.05		Summer 1954					
* Before Club Records								
** After Aero Bars/Disc Wheel								

Club BAR

CLUB BAR (Champion)	Year	mph	Times - 10/25/50/100/12	Runner Up	Times - 10/25/50	mph	Notes
B. Morrison	1945						
	1946						
	1947						
	1948						
	1949						
	1950						
	1951						
	1952						
	1953						
	1954						
	1955	22.591	247.7/4:26:17	D. Evans	237.0/4:31:20/2:8:50	22.300	Club Promoted Nat 12
	1956						
	1957						
	1958						
	1959						
	1960						
	1961						
	1962						
	1963						
	1964						
	1965						
1966							
1967							
1968							
1969							
1970							
1971							
1972							
1973							
1974							
1975							
1976							
1977							
1978							
1979							
1980							
1981							
1982	24.618						
1983							
1984							
1985							
1986							
1987							
1988							
1989				Colin Parkinson		24.292	
1990							
1991							
1992							
1993				Colin Parkinson	22:34/59:21/2:04:33	25.316	
1994							
1995							
1996	26.560						
1997							
1998							
1999							
J.Haswell**							

Club BAR

	2000						
	2001						
	2002						
	2003						
	2004						
Paul Alderson**	2005				Colin Parkinson**	22:51/57:06/2:06:11	
Paul Alderson**	2006	26.860	?? ??/?? ??/1:55:53		Colin Parkinson**	21:54/56:30/1:58:03	
Colin Parkinson**	2007	27.280	21:06/56:36/1:51:31		Paul Alderson**	1:55:53	
Colin Parkinson**	2008	28.762	20:36/50:46/1:48:39		Paul Alderson**	1:53:24	
Colin Parkinson**	2009	28.270	20:48/53:11/1:48:04				
Colin Parkinson**	2010	28.276	20:40/52:18/1:50:38				
Colin Parkinson**	2011	28.591	20:16/52:54/1:47:52				
	2012						
	2013						
	2014						
	2015						
	2016						
	2017						
	2018						
	2019						
	2020						
<b>Vets BBAR (Over 40)</b>	<b>Pos</b>	<b>mph</b>	<b>Times - 10/25</b>	<b>Runner Up</b>	<b>Times - 10/25</b>	<b>mph</b>	
J.Haswell**	2005						
Colin Parkinson**	2006	26.973	21.54/56.30				
Colin Parkinson**	2007	27.469	21.06/56.36				
Colin Parkinson**	2008	29.337	20.36/50.46				
Colin Parkinson**	2009	28.525	20:48/53:11				
Colin Parkinson**	2010	28.856	20:40/52:18				
Colin Parkinson**	2011	28.980	20:16/52:54				
	2012						
	2013						
	2014						
	2015						
	2016						
	2017						
	2018						
	2019						
	2020						
* Before Club Records							
** After Aero Bars/Disc Wheel							

## British BAR

<b>BBAR (Est. 1944)</b>	<b>Pos</b>	<b>mph</b>	<b>Times/Dist - 50/100/12</b>	<b>Year</b>	<b>Winner that Year</b>	<b>Times/Dist - 50/100/12</b>	<b>mph</b>	<b>Notes</b>
<b>(British Best All Rounder )</b>								
R.A.Bartlett???	147th	20.472	2.16.04/4.51.55/225.770	1947	A.E.G Derbyshire	2.02.46/4.17.12/245.520	22.74	???
Philip Parkinson	165th	20.427	2.13.58/5.00.16/226.87	1948	P.Beardsmore	2.04.47/4.19.22/246.919	22.58	
Philip Parkinson	86th	21.460	2.09.46/4.36.13/234.530	1949	K.Joy	2.01.05/4.17.43/244.400	22.81	O. Davis 118th 21.248
O.Davis	102nd	21.469	2.07.45/4.38.35/232.63	1950	K.Joy	2.01.04/4.13.34/258.569	23.33	P.Parkinson 147th 21.236
Philip Parkinson	116th	21.568	2.08.02/3.38.46/237.050	1951	K.Joy	2.00.52/4.12.41/260.019	23.41	
Paul Alderson**	51st	22.986	2.00.17/4.12.38/243.210	2005	M.Hutchinson	1.39.40/3.36.38/285.740	27.2	
Paul Alderson**	44th	23.905	1.55.53/3.57.21/246.58	2006	K.Dawson	1.40.38/3.33.44/293.74	27.45	C.Parkinson 55th 23.428mph
Colin Parkinson**	18th	25.044	1.51.31/3.51.11/267.33	2007	K.Dawson	1.42.24/3.32.18/291.49	27.28	All three Club Records
Colin Parkinson**	15th	25.374	1.48.39/3.45.55/263.43	2008	N.Bowdler	1.39.02/3.37.52/289.84	27.33	P. Alderson 39th 24.029 mph
Colin Parkinson**	11th	25.771	1.48.04/3.46.20/276.50	2009	N.Bowdler	1.40.0/3.37.08/287.89	27.21	Missed 10th by 0.113 mph
<b>Womens BBAR</b>								
<b>(Est. 1948)</b>								
Caroline Schouten	33rd	22.199	1.2.32/2.14.00/4.56.42	1988	M.Allen	56.50/1.56.10/4.13.26	25.3	
<b>Junior BBAR</b>								
<b>(Under18/Est.1968)</b>								
S.Boorer	70th	24.138	24.28/24.28/1.2.36/1.3.04	1986	C.Boardman	21.11/21.12/52.38/53.53	28.24	
S.Boorer	27th	25.826	23.08/23.38/56.33/58.56	1987	S.York	20.04/20.45/53.24/53.29	28.74	Nik Bowdler 32nd 25.475
L.D.Speck	41st	25.925	22.12/22.48/58.15/1.00.58	1989	S.Dangerfield	20.38/20.38/52.03/52.35	28.88	
L.D.Speck	20th	26.637	22.08/22.10/57.12/57.22	1990	S.Howles	20.23/20.59/51.11/52.53	28.93	Z.Carr 37th 25.853 1991 C.Davis 46th 26.167
* Before Club Records								
** After Aero Bars/Disc Wheel								